



Resources for Pregnant Teens in Alameda County Revised 2016

<i>Name of Agency</i>	<i>Address, Phone, Website</i>	<i>Services, Languages</i>	<i>Eligibility</i>
Cal-SAFE Program	<p>Alameda, Island High School 250 Singleton Ave., Alameda, CA 94501 (510) 748-4024 x114</p> <p>Berkeley High, Vera Casey Center 2246 Milvia St., Berkeley, CA 94704 (510) 809-2254</p> <p>Fremont, Robertson High School 4455 Seneca Park Ave., Fremont, CA 94538 (510) 657-9155 x 49111</p> <p>Hayward, Tennyson High 27035 Whitman St., Hayward, CA 94544 (510) 723-3190 x63155</p> <p>Hayward*, William P. Burke Academy 612 West A Street, Hayward, CA 94544 (510) 785-9326</p> <p>Oakland*, Fruitvale Academy 2640 International Blvd., Oakland, CA 94601 (510) 536-6086</p> <p>Pleasanton, Horizon High 245 Abbie St., Pleasanton, CA 94566 (925) 426-4275</p>	<p>Support services related to school success for high school pregnant/parenting students and child care for their children.</p> <p>*Assistance in completing high school or GED, and child care services, support groups (at Hayward, Burke Academy, and Oakland, Fruitvale Academy).</p> <p>Alameda County Office of Education, 313 W. Winton Ave., Hayward, CA 94544 (510) 887-0152 www.acoe.org/acoe/StudentPrograms/SchoolPrograms/Cal-SAFEandISP</p> <p>For more information about the program contact Carolyn R. Hobbs, chobbs@acoe.org (510) 670-7683</p>	<p>Female and male students age 18 and younger may voluntarily enroll if they are an expectant parent, custodial parent, or taking an active role in care/ supervision</p>
<p>Cal-Teen (Formerly Cal-Learn)</p>	<p>Oakland, Medi-Cal Center, Enterprise Office 8477 Enterprise Way, Oakland, CA 94621 (510) 777-2300</p> <p>Oakland, North County Multi-Service Center 2000 San Pablo Ave., Oakland, CA 94612 (510) 891-0700</p> <p>Oakland, Eastmont Self-Sufficiency Center 6955 Foothill Blvd., #100, Oakland, CA 94605 (510) 383-5300</p>	<ul style="list-style-type: none"> ▪ Financial incentives ▪ Support services ▪ Case management to assist teens to stay in school and earn a diploma <p>http://www.alamedasocialservices.org/public/services/employment_and_training/cal_teen.cfm</p>	<p>Pregnant/parenting teens under age 20 who do not have a high school diploma or equivalent.</p>

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<p>YPO (Formerly Cal-Learn)</p>	<p>Hayward, Eden Area Multi-Service Center 24100 Amador St., Hayward, CA 94544 (510) 670-6000</p> <p>Fremont Social Services Outstation at Family Resource Center 39155 Liberty St., #C330, Fremont, CA 94536 (510) 670-6000</p> <p>Livermore Social Services Outstation 3311 Pacific Ave., Livermore, CA 94550 (925) 455-0747</p>		
<p>Women, Infants and Children (WIC)</p>	<p>Alameda County HCSA 3600 Telegraph Avenue Oakland, CA 94609 (510) 595-6400</p> <p>Axis Community Health 4361 Railroad Avenue; Suite A/B Pleasanton, CA 94566 (925) 462-2365</p> <p>City of Berkeley 830 University Avenue Berkeley, CA 94710 (510) 981-5360</p> <p>East Oakland Health Center 7450 International Blvd Oakland, CA - 94621 (510) 430-9401</p> <p>Eastmont 7200 Bancroft Avenue #204 Oakland, CA (510) 577-7040</p> <p>Fremont 39155 Liberty Street #430</p>	<p>Women, Infants, and Children (WIC) is a nutrition program that provides nutrition, advice, referrals, help with breastfeeding, and healthy food.</p> <p>Participants can receive \$50 to \$100 per person each month in checks for healthy food, such as fruits, vegetables, and healthy grains.</p> <p>http://www.acphd.org/wic.aspx</p>	<p>Low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and infants and children up to age 5 who are found to be at nutritional risk.</p>

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<p>Women, Infants and Children (WIC)</p>	<p>Fremont, CA 94538 (510) 795-2458</p> <p>Hayward 24085 Amador Street Hayward, CA 94544 (510) 595-6400</p> <p>La Clinica de La Raza, Inc. 2716 International Boulevard Oakland, CA 94601 (510) 535-4110</p> <p>Native American Health Center, Inc. 3124 International Boulevard; Room 301 Oakland, CA 94601 (510) 434-5300</p> <p>Native American Health Center - Alameda 677 West Ranger Ave. Alameda, CA 94501 (510) 814-8440</p> <p>San Antonio Neighborhood Health Center 1030 International Blvd. Oakland, CA 94606 (510) 272-1501</p> <p>Tiburcio Vasquez Health Center, Inc. 32970 Alvarado Niles Road; Suite 760 Union City, CA 94587 (510) 471-5913</p> <p>West Oakland Health Center 700 Adeline Street Oakland, CA 94607 (510) 302-3734</p>		

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Brighter Beginnings	<p>Teen Family Support: 2648 International Blvd., Oakland, CA 94601 (510)437-8950</p> <p>Early Head Start: 2595 International Blvd., Oakland, CA 94601 (510) 437-8950</p> <p>www.brighter-beginnings.org</p>	<p>AFLP and Cal-Learn Provider – Comprehensive case management for pregnant teens age 18 and younger.</p> <p>Teen Success Inc. (TSI) – Weekly support group for teens up to age 21.</p> <p>Early Head Start – Case management and weekly home visits for pregnant teens up to 25 years old</p> <p>Languages spoken: English and Spanish</p>	<ul style="list-style-type: none"> ▪ Pregnant teens ▪ Residents of these cities in Alameda County <ul style="list-style-type: none"> - Alameda - Albany - Berkeley - Emeryville - Oakland - San Leandro
Tiburcio Vasquez Health Center Family Support Services	<p>22211 Foothill Blvd, Hayward, CA 94544 (510) 471-5907 ext 3711</p> <p>http://www.tvhc.org/ProgramsServices/FamilySupportServices.aspx</p>	<ul style="list-style-type: none"> ▪ Case management ▪ mental health services ▪ parenting education ▪ AFLP provider ▪ Cal-Learn case management ▪ Collaboration with prenatal providers at Tiburcio Vasquez Health Center <p>English and Spanish</p>	<ul style="list-style-type: none"> ▪ Pregnant teens ages 19 and younger. ▪ Residents of Hayward, Union City, San Leandro, San Lorenzo, Castro Valley, Newark, Sunol, Pleasanton, Livermore and Fremont.
Clinica Alta Vista Teen Clinic	<p>1515 Fruitvale Ave. Oakland, CA 94601 (510) 535-6300</p> <p>http://www.laclinica.org/ClinicaAltaVista/</p>	<p>Comprehensive prenatal care, including health education, nutrition, and psychosocial services.</p> <p>English and Spanish</p>	<p>Pregnant, age 22 or younger, Medi-Cal eligible</p>
Alameda County Healthy Start Initiative (ACHSI) (formerly IPOP)	<p>1100 San Leandro Blvd., Suite 120, San Leandro, CA 94577 (510) 618-2080</p> <p>http://www.acphd.org/whp.aspx</p>	<p>Care coordination, case management, and health education for African American, low-income, pregnant women or parenting a child less than 2 years old. Fatherhood services also offered.</p>	<ul style="list-style-type: none"> ▪ African American ▪ No more than 28 weeks pregnant. ▪ Lives in one of these zip codes: Oakland: 94601, 94602, 94603, 94605, 94606, 94607, 94621

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			Ashland/Cherryland: 94541, 94578, 94580
Family Health Line	(888) 604-4636 http://www.acphd.org/clearinghouse.aspx	Referrals for health care and other support services. All languages, with assistance from the Language Line.	Alameda County Residents
Eden Information and Referral- Shelter Hotline	(510) 537-2552 or 2-1-1 www.edenir.org	Shelter availability for the current day; call this referral source known as CHAIN. English, Spanish, Chinese at hotline.	Varies
Family Justice Center	470 27 th Street, Oakland, CA 94612 (510) 267-8800 www.acfjc.org	Domestic violence crisis intervention, survivor support, legal assistance, and mental health counseling. All languages with assistance from Language Line.	Alameda County Residents
ACCESS (Acute Crisis Care and Evaluation for System wide Services)	(800) 491-9099 www.alameda.networkofcare.org/mh/services/access.cfm	Mental health referrals; telephone screening and referrals, 24 hours per day. English, Spanish, Asian languages, and use translation services for all others.	Alameda County Residents
California Youth Crisis Line	(800) 843-5200 www.youthcrisisline.org	Statewide, toll free, 24-hour, confidential hotline . English. Referrals to local homeless youth shelters, youth-serving medical clinics, on-going counseling services and more throughout California.	Teens and young adults ages 12-24 and/or any adults supporting youth.

Alameda County WIC flyer = page 6

Women, Infants and Children (WIC)

Purpose

The Women, Infants and Children (WIC) Program is a nutrition program that offers nutrition advice, help with breastfeeding and healthy food for pregnant and breastfeeding women, infants and children under the age of 5. Participants can receive \$50 to \$100 per person each month in checks for healthy food, such as fresh fruits and vegetables as well as healthy grains.

Who is Eligible?

- Low income pregnant, postpartum, and breastfeeding women
- Low income children under 5 years of age

What Verification is Needed?

- Identification
- Proof of address
- Proof of income

Gross Monthly Income (Subject to change)			
Household Size	Amount	Household Size	Amount
1	\$1,800	4	\$3,677
2	\$2,426	5	\$4,303
3	\$3,051		

Add \$626 for each additional person for monthly income.

Call for an appointment (Spanish speaking services available)

Alameda County WIC Program Offices	(510) 595-6400
Native American Health Center/Alameda	(510) 814-8440
Axis Community Health Center/Pleasanton	(925) 462-2365
City of Berkeley	(510) 981-5360
East Oakland Health Center	EN (510) 613-2255 SP (510) 613-2257
La Clinica de La Raza WIC	(510) 535-4110
Native American Health Center/Oakland	(510) 434-5300
San Antonio Neighborhood Health Center	EN (510) 272-1500 SP (510) 272-1501
Tiburcio Vasquez Health Center Offices	(510) 471-5913
West Oakland Health Center	(510) 302-3734