

# Substance Abuse Resources Alameda County

**2015-16**

This is not meant as an exhaustive list of resources.  
Prepared by Alameda County Department of Public Health, Perinatal Services  
For more information or to make changes, call (510) 618-1920

## Primarily for Pregnant Women and Parents with Children

- Sites are wheelchair accessible unless otherwise noted.
- Please inquire if Home Visiting services are needed; most sites do not have this service available, except on a temporary situational basis. Please call the ACCESS or inquire at site.
- Call ACCESS first; after telephone assessment, Clinical Review Specialist will refer to most appropriate treatment site.

### OUTPATIENT/DAY TREATMENT

Name	Address	Phone	Services	Eligibility	Languages	Contact
ACCESS (Acute Crisis Care and Evaluation for Systemwide Services)	N/A Phone referrals only	Clinical Review Specialist answers Mon – Friday 8:30 – 5. After hours, automatically transferred to Crisis and Support Services line 1 - (800) 491-9099	Alameda County Medical Center  Highland Hospital Substance Abuse Program	1411 E. 31 <sup>st</sup> Street, 1 <sup>st</sup> Floor Wing OA1 Oakland, CA 94602	English, Spanish	Clinical Review Specialist at 1-(800) 491-9099
Alameda Health System  Highland Hospital Substance Abuse Program	1411 E. 31 <sup>st</sup> Street 1 <sup>st</sup> Floor Wing OA1 Oakland, CA 994602	For intake, call “Nina” at (510) 437-5192  Fax: (510) 261-3112	Groups (relapse prevention, relationships, drug/alcohol education, anger management, wellness, parenting) and individual counseling. Classes: parenting, anger management. Case management services, mandatory random drug testing. Cooperative childcare available. Perinatal case management offered to clients w/children 0 – 18.	Medi-Cal or free	English, Spanish	Naomi Bagby, Clinical Coordinator  Hae Young Sohn, Program Director

<b>Name</b>	<b>Address</b>	<b>Phone</b>	<b>Services</b>	<b>Eligibility</b>	<b>Languages</b>	<b>Contact</b>
Bay Area Addiction Research and Treatment (BAART) 14 <sup>th</sup> Street Clinic	1124 International Blvd. Oakland, CA 94606	(510) 533-0800  Fax: (510) 533-0300	Methadone maintenance services, counseling, monitoring of enrollment in prenatal care.  Left message on Veronica's VM to verify info including Sonia's role is still there.	Pregnant and parenting opiate dependent women.  Medi-Cal, private pay, sliding scale	English, Spanish, Mien	Sonia Blunt, Intake Coordinator  Veronica King, Clinical Administrator
Berkeley Addiction Treatment Services (BATS)	2975 Sacramento St. Berkeley, CA 94702	(510) 644-0200  Fax: (510) 644-2044  Hours: M-F 5:30 – 12:45 a.m.  Sat/Sun 5:30 – 9 a.m.  holidays 7 - 9 a.m.	Methadone maintenance, weekly individual counseling, prenatal education, urine drug testing, monitoring of enrollment in prenatal care; detox services.	Pregnant, opiate-dependent women.  Medi-Cal or private pay	English, Spanish	Lakia Lawson, Intake Coordinator  Matonia Williams, Executive Director  Frank Stagers Jr., Medical Director
Second Chance - Women's Phoenix Program	6330 Thornton St, Newark, CA 94560	(510) 792-4357 or (510) 792-HELP  Fax: (510) 745-1693	Individual and group counseling (topics can include: parenting, abstinence, self-awareness, spiritual growth, co-dependency, domestic violence, relapse prevention). Information and referral. Childcare available on site.	Pregnant or parenting women & their children.  Medi-Cal, sliding scale. No client refused for lack of funds.	English, Spanish, Sign Language	Nancy Rivera, Margo Williams; Program Coordinators  Jim Rogers, Executive Director
West Oakland Health Council, Inc. – Options for Recovery	700 Adeline St. Oakland, CA 94607	(510) 302-3743  Fax: (510) 835-2107	Individual and group counseling; recovery dynamics, relapse prevention, and health assessments. Random drug testing. Day treatment services	Pregnant and parenting women (w/children 18 and under)  Medi-Cal for opiate use treatment, private pay: \$300/month. No client refused for lack of funds.	English	Sharon Nelson, Program Director  Adrian James, Medical Director

## RESIDENTIAL TREATMENT

Name	Address	Phone	Services	Eligibility	Languages	Contact
Bi-Bett – Orchid	1342 E. 27 <sup>th</sup> Street Oakland, CA 94606	(510) 535-0611  Fax: (510) 535-1358	Peer oriented, social model recovery program, individual and group counseling, generally 6 - 18 month stay, adjacent transitional living facility for adult graduates	Pregnant or parenting women and children (birth to 5 ½ yrs. of age),  \$339/month; fee varies (call for eligibility)	English	Darlene Mitchell, Program Coordinator  Susan Cinelli Exec. Director
Horizon Services -Chrysalis	3845 Telegraph Ave. Oakland, CA 94609	(510) 450-1192  Fax: (510) 655-3520	6-month tobacco-free residential program for Co-Occurring Disorders (must have mental health as well as substance abuse problem). Individual and group counseling, relapse prevention. No capacity for children.	Resident must have Alameda County Medi-Cal.  Sliding scale (call for fee assessment); will not refuse services if unable to pay	English	Renee Walton, Intake Coordinator  Elaine Lopes, Program Director
Magnolia Women's Recovery Program, Inc.	3408 Andover Street Oakland, CA 94609	Intake: (510) 547-1531  Fax: (510) 547-1543	Individual and group counseling. Parenting classes, anger management, relapse prevention, education classes (topics include: Hep C, HIV, Domestic Violence, Trauma).	Pregnant or parenting women and their children 0-7 years of age with up to 2 children.  Average stay: 12 months.  Medi-Cal or discuss payments schedule.	English	Caitlin Billings, Program Director  Linda Stewart, Executive Director

Name	Address	Phone	Services	Eligibility	Languages	Contact
Magnolia Women's Recovery Program, Inc.	682 Briergate Way Hayward, CA 94544	Intake: (510) 487-2910  Fax: (510) 487-2916		Pregnant or parenting women and their children 0-5 years of age with usually 1 child.  Average stay: 6-12 months.  Medi-Cal or discuss payment schedule.		Caitlin Billings, Program Director  Linda Stewart, Executive Director
East Bay Community Recovery Project - Project Pride	2545 Pablo Ave. Oakland, CA 94612	(510) 446-7150  Fax: (510) 446-7188	Individual and group counseling, psychotherapy, nutrition & life skills education, alcohol and other drug education, parenting classes, abuse survivors and anger management groups, outings. Child Enrichment Center and Vocational Counselor onsite. Assistance accessing medical, dental, and housing services.	Pregnant and parenting women and their children (children up to age 17) who have a Substance Use Disorder and co-occurring Mental Health Disorder.  Can accommodate one (sometimes 2) child age 6 and under.  Sliding Scale (call for eligibility requirements)	English, Spanish	Ask for Tammy Webster assistance  Joan Zweben, Executive Director

**SELF-HELP ORGANIZATIONS**

<b>Name</b>	<b>Address</b>	<b>Phone</b>	<b>Services</b>	<b>Eligibility</b>	<b>Languages</b>	<b>Contact</b>
Alcoholics Anonymous Central Office	Office: 295 27 <sup>th</sup> St., Oakland, CA 94612  www.eastbayaa.org	24-hour hotline  East Bay (510) 839-8900 or email:  helpline@eastbayaa.org	Mutual self-help program for alcoholics; contact for group locations and times, some groups specifically for women and some have childcare.	Desire to stop drinking; free	English  Call for Spanish speaking groups	Volunteer
Alcoholics Anonymous-Valley (serving East Alameda County)	Office: 6990 Village Parkway, Suite 214 Dublin, CA 94568	24-hour hotlines :  (925) 829-0666 or toll-free 1-(888) 859-3290	Mutual self-help program for alcoholics; contact for group location /times; some specifically for women, some have childcare available.	Desire to stop drinking; free	English, some Spanish-speaking groups.	Volunteer
Al-Anon/Alateen	Office: 17259 Hesperian Blvd., Suite 4 San Lorenzo, CA 94580  www.ncwsa.org	24-hour hotlines :  (510) 276-2270 Oakland, Fremont, Union City, Hayward  (510) 528-4379 Berkeley  (925) 277-7661 Tri-Valley	Mutual self-help program for relatives and friends of alcoholics; some meetings especially for teens; others for adult children of alcoholics; some have childcare. Some Spanish-speaking groups.	Relatives and friends of alcoholics; free	English, some Spanish-speaking groups	Volunteer

<b>Name</b>	<b>Address</b>	<b>Phone</b>	<b>Services</b>	<b>Eligibility</b>	<b>Languages</b>	<b>Contact</b>
Al-Anon/Alateen	Office:  17259 Hesperian Blvd., Suite 4 San Lorenzo, CA 94580  www.ncwsa.org	24-hour hotlines:  (510) 276-2270 Oakland, Fremont, Union City, Hayward  (510) 528-4379 Berkeley  (925) 277-7661 Tri-Valley	Mutual self-help program for relatives and friends of alcoholics; some meetings especially for teens; others for adult children of alcoholics; some have childcare. Some Spanish-speaking groups.	Relatives and friends of alcoholics; free	English, some Spanish-speaking groups	Volunteer
Cocaine Anonymous of Northern California	East Bay: 9500 International Blvd. Oakland 94603  www.norcalca.com	24-hour hotline:  (510) 268-0600 East Bay	Mutual self-help program for cocaine addicts; contact for group locations and times; check for current groups in Alameda County.	Desire to stop all mood-altering drugs; free	English	Volunteer
Marijuana Anonymous of the East Bay	Mailing address: PO Box 20484 Oakland, CA 94620  www.madistrict2.org	(510) 287-8873 answering machine	Mutual self-help program for marijuana addicts; contact for location/times; some meetings are open to families, friends.	Desire to stop all mood-altering drugs; free	English	Volunteer
Narcotics Anonymous, Alameda County Tri-Area (East Bay)	East Bay Central Area PO Box 1343 Oakland 94604  www.naalamedacounty.org	24-hour hotline:  (510) 444-4673 East Bay Central Area	Mutual self-help program for addicts; call for locations/times; Women-or men-only, Spanish-speaking, hearing impaired, youth, or gay/lesbian groups. Some childcare available; call for information	Desire to stop all mood-altering drugs; free	English, call for other language group availability	Volunteer
Nar-Anon Family Groups – Alameda, Contra Costa counties	www.naranoncalifornia.org	(510) 496-2708	Self-help program for relatives and friends of addicts.	Relatives and friends of addicts; free	English	Volunteer

### HOTLINES

Name	Address	Phone	Services	Eligibility	Languages	Contact
ACCESS Alameda County Behavioral Health Care-Mental Health and Substance Abuse Services	N/A phone consultation only	1 (800) 491-9099  24 hours/day (licensed staff during business hrs M – F, Crisis Intervention answers after business hrs)	Screening and referral for mental health and substance abuse services for adults, adolescents or children.	Residents of Alameda County	English, Spanish, translation for other languages	Licensed mental health Intake workers staff the line
Substance Abuse and Mental Health Services Administration (SAMHSA)	P.O. Box 2345 Rockville, MD 20847  www.store.samhsa.gov /home	1 (800) 729-6686  24 hours/day/7 days/week	Trained information specialists answer questions re: alcohol and substance abuse prevention, intervention, and treatment, and are trained to handle crisis calls.	Serves anyone	English, Spanish, TDD	Any Information Specialist on the line

### OTHER COMMUNITY RESOURCES

Name	Address	Phone	Services	Eligibility	Languages	Contact
Eden Information and Referral	570 B Street Hayward, CA 94541  Office (510) 537-2710	Alameda County <b>Dial “211”</b>  Outside Alameda County Toll Free 1-(888) 886-9660	Free information for housing, emergency shelter and human services throughout Alameda county.	Serves all of Alameda County	Eng, Span, Cantonese, 100+ languages (interpreter services)	Volunteer and/or staff
Alameda County Family Health Line (Clearinghouse)	1000 Broadway Suite 500 Oakland, CA 94607	Toll Free 1-(888)-604-4636	Provides information and referrals to health-related services of Alameda County.	Alameda County residents seeking referrals to health- related services	English & Spanish speaking staff , 100+ languages (interpreter services)	Community Health Outreach Workers