HELP is here.

Housing & Emergency Lodging Program

H.E.L.P. assists single adults with one-time emergency assistance to prevent homelessness, transition to permanent housing, or provide critical needs.

**TYPES OF ASSISTANCE PROVIDED**
- Rental Assistance
- Deposit Assistance
- Critical Needs to acquire, maintain, or transition to permanent housing

**ELIGIBILITY CRITERIA**
- Alameda County resident
- Single adult
- Homeless or at-risk of becoming homeless
- Doesn’t meet Season of Sharing criteria (as described below)

**CONTACT US**
Phone: (510) 259-2200
Email: HoEmLodgP@acgov.org
Website: tinyurl.com/ACSSAHELP

**ADDITIONAL PROGRAM**
Call (510) 272-3700 to be screened by Season of Sharing. If you are:
- A family with children
- Age 55 or older
- Permanently disabled
- A veteran
- Pregnant in 2nd trimester or later