



Sally's Place

PEER SUPPORT SERVICES

What is Peer Support?

Peer support encompasses a range of activities and interactions between people who share similar experiences of being diagnosed with mental health conditions, substance use challenges, or both. This mutuality—often called “peerness”—between a peer support worker and person in or seeking recovery promotes connection and inspires hope.

During the COVID -19 “Shelter In Place” Sally’s Place staff will be providing crisis peer support and remote peer services 24 hours a day.

Call us at 510-963-9849 for immediate peer support.

Eligible Individuals:

- Are 18 years of age or older,
- Are experiencing mental health concerns or distress,
- Resides in Alameda County
- Voluntarily agree to engage in services

What to expect

- Receive support from compassionate peer staff.
- Linkages to other resources and services.
- Compassionate listening and emotional support.



Contact: sallysplace@lafamiliacounseling.org - (510) 963-9849

Website: lafamiliacounseling.org

Sally’s Place is named for Sally Zinman, a pioneer of the peer-led services movement. Her pivotal work spanning more than 40 years has been an inspiration to consumers and providers alike. Our systems are immeasurably better as a result of her advocacy and legacy.

*“Nothing About Us
without Us”*

Care is coordinated by trained responsive staff with lived experience

(510) 963-9849

Phone is answered 24 hours per day

In partnership with:

