





## Community Counseling Clinic

## We're open!

**Now Accepting Clients for Telehealth** 

For more information about no-fee counseling services:

Call us at 510-885-3007

## **ABOUT OUR COUNSELING CLINIC**

We are a nonprofit training facility located at Cal State East Bay, offering counseling services to the Bay Area community at no cost. We have worked with individuals, couples, and families for over 40 years providing mental health and wellness supports. Hours: Monday to Friday (9am-8pm); Closed Saturday/Sunday

## **WE OFFER**

- Individual Counseling
- Parenting Education
   Classes

- Child and Adolescent Counseling
- Wellness Screenings

\*We offer counseling in the following languages: Spanish, Tagalog, Malay, Mandarin

Telehealth Services: Due to COVID-19 Pandemic, there will be no in-person counseling sessions; we are providing counseling services through telehealth - a distance/ remote process. Telehealth is a form of delivering health care, health information, and health education services via remote and digital technologies. We have a limited number of free camera-enabled devices. Must have wi-fi access.

