

# Play Therapy



Community Counseling Center at Cal State, East Bay



## What is Play Therapy?

Play Therapy is a form of counseling that uses play as a way to help children communicate their thoughts and feelings in a natural and comfortable setting—playing.

## How can you qualify for FREE services?

Free services are offered to families located in the Hayward Promise Neighborhood (HPN) Areas

## How do you know if you're family is part of HPN?

Give us a call to find out or for more information:

**510-885-3977**

*Helping Our Community Thrive for Over 30 Years*

## When?

Starting January 15, 2013

## Where?

Cal State, East Bay's  
Hayward Campus

CALIFORNIA STATE  
**UNIVERSITY**  
E A S T B A Y

Community  
Counseling  
Center



California State University, East Bay  
Arts & Education Building, Suite 260  
25800 Carlos Bee Blvd.  
Hayward, CA 94542