

**Learn. Connect. Grow.** Become the parent you aspire to be, all **from the comfort of your home**



# 12-Week Online Class

# Positive Parenting

## April 7 - June 23, 2026

(Class meets once a week on **Tuesdays**, 4/7, 4/14, 4/21, 4/28, 5/5, 5/12, 5/19, 5/29, 6/2, 6/9, 6/16, 6/23)

**PAYMENT OPTIONS:** Free for qualifying Alameda Co. residents, / Alameda Alliance Medical / sliding scale

- 6:30PM - 8:30PM (PST)
- Via ZOOM Meetings
- Certified Facilitator: JMichael Lewis CPDPE, NPP
- Certificate of completion



## What You'll Learn:

**Teach, Don't Punish:** Turn mistakes into learning moments. ✓

**Connection Before Correction:** Understand feelings before guiding behavior. ✓

**Kind but Firm:** Set clear limits with warmth and consistency. ✓

And much more... ✓



**To Register call:**

1-800-829-3777 

**Limited Space Available**