



**Free baby
diapers, formula,
food vouchers,
gift cards and
MORE**

PARENT SUPPORT PROGRAM

Welcoming a new baby into your life can bring joy, questions, and big changes, and you don't have to navigate any of it alone.

Why Join?

- ✓ Get extra support through pregnancy and early childhood
- ✓ Access free baby essentials & food vouchers
- ✓ Have a trusted support person by your side
- ✓ Get help navigating resources, no more doing it alone

Eligibility

- ✓ Pregnant individuals living in Alameda County, CA
- ✓ Families who may benefit from extra support, connection, or community resources
- ✓ Optional continued support up to age 5 if needed



More Information
hfa_ongb@oaklandnatives.org



(510) 225 6420



**Healthy Families
America**