



# PARENT SUPPORT PROGRAM

Welcoming a new baby into your life can bring joy, questions, and big changes, and you don't have to navigate any of it alone.

Free baby  
diapers, formula,  
food vouchers,  
gift cards and  
MORE

SCAN FOR INTEREST FORM



## Why Join?

- ✓ Get extra support through pregnancy and early childhood
- ✓ Access free baby essentials & food vouchers
- ✓ Have a trusted support person by your side
- ✓ Get help navigating resources, no more doing it alone

## Eligibility

- ✓ Pregnant individuals living in Alameda County, CA
- ✓ Families who may benefit from extra support, connection, or community resources
- ✓ Optional continued support up to age 5 if needed



More Information  
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**Healthy Families**  
America