



“The first group was really hard. My Dad said I had to go. Now I wish we could go every week. It’s the only place I can talk about my Mom – the other kids there understand.”

Alex, a 10 year old boy whose mom died in a car accident

“Before we found Circle of Care, I felt like my family was disintegrating. We were unable to figure out how to have positive conversations with each other. The kids were grieving in markedly different ways, and this was stressful for all of us. Now the kids understand what is going on and have a great deal more empathy for one another. Peace is the end result.”

Sharron, a mom who lost her husband to cancer

Circle of Care...

Compassionate support for children and families living with a life-threatening illness or the loss of a loved one.

CONTACT US FOR MORE INFORMATION
OR TO JOIN A SUPPORT GROUP:

Circle of Care

2540 Charleston Ave
Oakland, CA 94602
510-531-7551
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www.EBAC.org/CircleofCare



East Bay Agency for Children builds brighter futures and stronger communities by promoting the health, safety and educational success of our children and youth, and their families.



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EBAC Administrative Office

303 Van Buren Ave
Oakland, CA 94610
510-268-3770

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Circle of Care

Grief and Illness Support Services

Circle Of Care: Support For Children and Families Coping with Illness and Loss

SUPPORT GROUPS

Our peer support groups provide emotional support for families with children who are coping with the serious illness of a family member or a death in the family due to illness or sudden loss. Our groups give all family members a safe place to explore feelings, share experiences and begin to heal.

The whole family attends group on the same evening twice a month. Children meet in groups by age (preschool, elementary school, and teens) and develop skills for coping through the language of play, games, arts, crafts, drama, movement and music.

Adults meet in separate groups (caregivers, ill adults, and grieving adults) and provide peer support. This safe group allows talk and tears to be treated kindly and insightfully and encourages sharing of concerns and hopes around healing as well as parenting challenges.

Volunteer facilitators who have completed Circle of Care's intensive training program help families navigate through illness and grief issues together and learn how to cope and heal as a community.

Circle of Care services are offered at a modest cost, on a sliding scale based on financial means, and all families are welcome regardless of ability to pay.

INDIVIDUAL COUNSELING

Individual and family counseling is available to families coping with loss or life-threatening illness. Counseling is provided by MFT/MSW Interns and graduate students who participate in our Graduate Practicum and Internship Program.

SCHOOL AND COMMUNITY GROUP CONSULTATION

Circle of Care provides intervention services and customized workshops to schools, sports teams, churches and other community groups in which children are dealing with issues of loss or illness. In response to the death or illness of a teacher, coach, fellow student, or other important individual, our counselors provide on-site support for affected children and adults.



East Bay Agency for Children

delivers a comprehensive suite of services empowering children, youth and families to be safe, healthy, and successful.

Our vital programs:

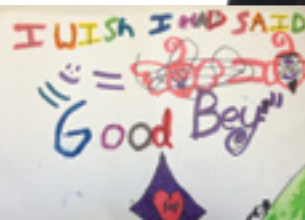
- Teach at-risk preschool through high school students the skills they need to manage the emotional and behavioral challenges that disrupt their learning
- Enhance student achievement through quality afterschool and parent-child school readiness activities
- Connect vulnerable families to available health, safety net, and social services
- Train children and adults how to protect against child assault, abuse and neglect
- Strengthen the well-being of children, families, and school communities experiencing loss, grief, life-threatening illness, trauma, and violence

Founded in 1952, East Bay Agency for Children serves nearly 20,000 children, youth, and families throughout Alameda County each year.

Circle of Care is a program of East Bay Agency for Children.



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BUILDING BRIGHTER FUTURES AND STRONGER COMMUNITIES