



We need you to make Fremont  
an Age-Friendly community!

**FOCUSING ON:**

- Health and Wellness
- Outdoor Spaces and Buildings
- Transportation
- Social Participation and Inclusion
- Volunteering and Civic Engagement
- Community Information
- Employment and Learning Opportunities
- Housing
- Dementia-Specific Support

## COMMUNITY DIALOGUE

Join our efforts to be an age-friendly community. As a member of the World Health Organization's age-friendly global network, we are interested in how you think an age-friendly community is a livable community for all!

**Wednesday April 25th 2018**  
**9.30a—1.00p**  
**Teen Center**  
**39770 Paseo Padre Parkway**  
**Fremont • CA 94538**

## SENIOR HEALTH EXPO

Resources for adults 50+ years and their families, including health and dental screenings, advance directives, local, state and federal agencies, Medi-Cal, Medicare and insurance counseling, U.S. veteran services and more!

**Saturday May 12th 2018**  
**9.00a—1.00p**  
**Senior Center and Central Park**  
**40086 Paseo Padre Parkway**  
**Fremont • CA 94538**

**BOTH EVENTS ARE OPEN TO THE COMMUNITY  
AND FREE OF CHARGE!**

Questions? Email: [KGrimsich@fremont.gov](mailto:KGrimsich@fremont.gov)

A partnership with WHO/AARP Network of Age-Friendly Cities