

# A baby shower just for you...

Women's Health Promotion (WHP) (formerly IPOP) invites you to celebrate the future birth of your baby

Come hear about our health department program services that can help you and your baby get a healthy start. Our free baby showers make learning fun and offer free child care, refreshments, and prizes.

## Free gift and raffle

You will receive a FREE gift and a chance to win one of these raffle prizes:

- ◆ Stroller
- ◆ Car seat
- ◆ Pack-N-Play
- ◆ and more!

## Expecting dads are welcome!

WHP's baby shower offers something for everyone. Pregnant women learn about healthy pregnancy, newborn care, breastfeeding, and self-care. Meanwhile, expecting dads learn from other dads about how to care for an infant, the important role of fathers, and how to be a supportive partner.

## How to sign up for the baby shower

To participate in the baby shower and raffle you must be pregnant, NOT enrolled in any case management program, and sign-up in advance. **Please call 510-618-2080 to register.**

Saturday, August 25, 2018 11:00 AM—2:00 PM



Organized by Women's Health Promotion  
(formerly IPOP)